Elevora
Global Training

COURSE BROCHURE

Coaching and Mentoring Skills

Leadership & Management

Code	Duration	Formats	Language	Certificate
LM-106	**5 or 10 days**	**Classroom, live online, in-house, blended**	**English or Arabic**	**Certificate of completion**

A practical leadership and management course covering coaching versus mentoring, the GROW model and powerful questions and active listening and feedback. Run as a 5-day core or 10-day extended programme, in 16 cities, live online or in-house, and fully customisable for your team.

About this course

Coaching and Mentoring Skills gives delegates a structured, practical understanding of coaching versus mentoring and the GROW model and powerful questions, then builds the skills to apply active listening and feedback, developing talent through coaching conversations and building a coaching culture in real work. Sessions are led by practitioners with at least 15 years in the field.

What you will learn

- Coaching versus mentoring
- The GROW model and powerful questions
- Active listening and feedback
- Developing talent through coaching conversations
- Building a coaching culture

Who should attend

Managers, heads of department, team leaders and high-potential staff preparing for broader leadership roles.

5-day course outline

Day 1	**Coaching versus mentoring**	Concepts, standards and terminology, with a diagnostic exercise to baseline the group.
Day 2	**The GROW model and powerful questions**	Methods and tools explained step by step, with worked examples from real operations.
Day 3	**Active listening and feedback**	Hands-on practice in small groups using realistic data, cases and templates.
Day 4	**Developing talent through coaching conversations**	Case studies of successes and failures, and how to apply the lessons in your organisation.
Day 5	**Building a coaching culture**	Integration exercise, final knowledge check and a personal action plan.

10-day extended programme

Includes the full 5-day outline, plus a second week of applied work:

Day 6	**Applied workshop: Coaching versus mentoring** — Deeper practice with your own data or site examples.
Day 7	**Applied workshop: The GROW model and powerful questions and active listening and feedback** — Group exercises that combine methods from week one.
Day 8	**Field case study: Developing talent through coaching conversations** — A detailed industry case worked through from start to finish.
Day 9	**Advanced practice: Building a coaching culture** — Tools, templates and checklists to take back to work.
Day 10	**Assessed project and presentation** — Each delegate presents an improvement plan and completes the final assessment.

Upcoming classroom dates

More dates, cities and live online sessions on request.

Dates	City	Length	Fee per delegate
16 Nov 2026 to 20 Nov 2026	Istanbul	5 days	**$2,450**
14 Dec 2026 to 18 Dec 2026	Istanbul	5 days	**$2,450**
11 Jan 2027 to 15 Jan 2027	Istanbul	5 days	**$2,450**
15 Feb 2027 to 19 Feb 2027	Dubai	5 days	**$2,450**
1 Mar 2027 to 5 Mar 2027	Amsterdam	5 days	**$3,450**

Fees per delegate (2026 to 2027)

Format	5 days	10 days
Classroom: Dubai, Istanbul, Cairo, Kuala Lumpur	**$2,450**	**$4,450**
Classroom: London, Europe, Singapore	**$3,450**	**$6,250**
Live online	**$1,450**	**$2,650**
In-house, group of up to 15	**From $12,900**	**From $23,500**

Classroom fees include tuition, materials, lunch and refreshments, and a certificate. 10% group saving for 3 delegates, 15% for 5 or more.

Tailored to your team

Change the level, language, length (1 to 20 days) and format, add topics from other courses or entirely new topics, and include your own case studies, site visits or exam preparation. Build it online for an instant indicative fee.

Register or request an in-house proposal

Head office
Sharjah Publishing City, Sharjah, United Arab Emirates

Email
info@elevoratrainings.com
training@elevoratrainings.com

WhatsApp
+971 56 692 2928

Website
elevoratrainings.com